

### CATEGORY: NIBBLES

	N	UTRITIO	NAL DA	TA												ALLERO	ENS						
Recipe	Energy (kcal)		Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PEPPERED GARLIC MUSHROOM NIBBLE MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain		Does contain					Does contain
SALT & PEPPER SQUID NIBBLE TAB/MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain	Does contain	Does contain		Does contain	Does contain	Does contain				Does contain	Does contain
BRUSCHETTA TAB/MC SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain							Does contain
ITALIAN MEATBALLS NIBBLES MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														Does contain
PATATAS BRAVAS TAB/MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain										Does contain
GLAMORGAN SAUSAGES NIBBLE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain		Does contain					Does contain
KING PRAWN NIBBLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain	Does contain			Does contain						Does contain	
HONEY MUSTARD SAUSAGES NIBBLE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain							Does contain					Does contain
FRIED HALLOUMI PAPRIKA NIBBLE MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain							
CHICKEN WINGS NIBBLES SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain						Does contain	
C HONEY GLAZED CHORIZO SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain												

### CATEGORY: MAINS

	N	UTRITIO	NAL DA	TA												ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing O gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
HAND BATTERED COD & CHIPS CD SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain	Does contain		Does contain						Does contain	Does contain
MENU D MAIN SCAMPI & CHIPS REG	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain	Does contain	Does contain				Does contain				Does contain	
RUMP STEAK 80Z CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g									Does contain					Does contain
C BLACK & BLUE 40Z RUMP	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain							
HAM EGG AND CHIPS SS21 CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain									Does contain	
ADD CHICKEN MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														
HUNTERS CHICKEN MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain		Does contain		Does contain	Does contain						
SAUSAGE & MASH MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain						Does contain	
CAESAR SALAD CHICKEN & BACON CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain						Does contain	
MUSHROOM LINGUINE TAB/MC 21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain		Does contain					Does contain
GLAMORGAN SAUSAGE & MASH CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain		Does contain				Does contain	
CAESAR SALAD CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain						Does contain	
STEAK - ADD SCAMPI CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain		Does contain								Does contain	
PEPPERCORN SAUCE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain							

### CATEGORY: PIZZAS

	N	UTRITIO	NAL DA	TA										ALLERG	GENS					
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Cereals Celery containin gluten	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
PIZZA SI VEGETARIAN CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	
PIZZA SI BBQ CHICKEN	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	
PIZZA SI SPICY PEPPERONI CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	Does contain
MARGHERITA PIZZA SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	
PIZZA SI PEPPERONI CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	
PIZZA SI CHEESY GARLIC PIZZA	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain			Does contain					Does ontain	
PIZZA SI HAM & MUSHROOM MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	
PIZZA SI METEOR CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain				Does contain					Does ontain	

# CATEGORY: BURGER

	N	UTRITIO	NAL DA	TA												ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Cru gluten	staceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
TOPPING BACON CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														
EXTRA JALAPENOS LBRG	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														Does contain
ADD CHICKEN SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														
THE JACK BURGER CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
THE BARBIE BURGER CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
THE SMOKING HOT BURGER CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
THE LOADED BURGER CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MUMBAI BAD BOY VGN BURGER	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain							Does contain			Does contain	Does contain	Does contain
MENU CD ADD BURGER 60Z	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain												
ADD FRIED EGG CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain										
ADD MUSHROOMS CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain							
ADD CHEESE TOPPING CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain							
BIG ROOSTER BURGER K-BOX & FRIES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain					Does contain	Does contain	Does contain

# CATEGORY: SANDWICHES

	N	UTRITIO	NAL DA	ГА												ALLERG	ENS					
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
TAB/MC STEAK SANDWICH	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain	Does contain				Does contain	
CAJUN CHICKEN CHEESE MELT CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain	Does contain			Does contain	Does contain	Does contain
TUNA CHEESE MELT BAGUETTE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain	Does contain		Does contain	Does contain			Does contain	Does contain	Does contain
FISH FINGER S/W CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain	Does contain		Does contain	Does contain			Does contain	Does contain	
HALLOUMI & RED PEPPER BAGUETTE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain	Does contain			Does contain	Does contain	
CHICKEN BLT MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain	Does contain				Does contain	
MEATBALL MELT BAGUETTE MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain	Does contain			Does contain	Does contain	Does contain

#### CATEGORY: BUCKET MENU

	N	UTRITIO	NAL DA	TA												ALLERO	GENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs M	ustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU D PASTA ADD GRILLED CHICKEN	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														Does contain
BUCKET CRISPY FRIED CHICKEN WINGS MC/TAB	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain			Does contain							
BUCKET CHIPS FAVOURITE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain			Does contain						Does contain	
BUCKET BRITISH CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain			Does contain			Does contain						Does contain	
BOMBAY BAD BOY BUCKET CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain								Does ontain					Does contain
BUCKET PLAIN CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g													Does contain	
BUCKET HANGOVER CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain						Does contain	
BUCKET CHILI KICK CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain									Does contain	Does contain
CHICKEN NACHOS GRANDE BUCKET	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain							Does contain
BUCKET GRAVY N CHEESE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain						Does contain							Does contain

### CATEGORY: SIDES

	N	UTRITIO	NAL DAT	TA												ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
COLESLAW SIDE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain		Does contain				Does contain	Does contain
HOUSE SALAD CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g									Does contain					Does contain
MENU D SIDE SKIN ON FRIES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g													Does contain	
MENU A GRILL BEER BATTERED ONION RINGS	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain												
B SIDE GARLIC BREAD & CHEESE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain					Does contain					Does contain		
HOUSE CHIPS SIDE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g													Does contain	

# CATEGORY: DESSERTS

CATEGORY: DESSERTS																							
	N	UTRITIO	NAL DA	TA												ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
ICE CREAM SUNDAE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain						Does contain	
STICKY TOFFEE PUDDING CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain				Does contain			
SALTED CARAMEL BROWNIE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain			Does contain				Does contain
ALABAMA CHOCOLATE FUDGE CAKE CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain			Does contain	Does contain		Does contain	

#### CATEGORY: KIDS

CATEGORY: KIDS																					
	N	UTRITIC	NAL DA	TA											ALLERG	ENS					
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
KIDS SAUSAGE & MASH CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain					Does contain						
KIDS CHEESE BURGER CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain		Does contain			Does contain				Does contain	Does contain	Does contain
KIDS SCAMPI & CHIPS CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain							Does contain	
KIDS CHICKEN BITES CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain					Does contain						Does contain
PIZZA SI KIDS MARGHERITA SLICES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain					Does contain					Does contain	
KIDS TOMATO & BASIL LINGUINI MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain		Does contain			Does contain						Does contair
MENU B KIDS HAM, EGG & CHIPS AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g			Does									

### CATEGORY: SUNDAY MENU

	N	UTRITIO	NAL DA	TA											ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
ROAST SIRLOIN OF BEEF CD SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain						Does contain	Does contain
MENU C SUNDAY SIDE CAULIFLOWER CHEESE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain		Does contain				Does contain	
MENU A SIDE ROAST POTATOES AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g													
SIDE SEASONAL VEGETABLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g													Does contain
B SUNDAY SIDE EXTRA YORKSHIRE PUDDING	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain							
ROAST CHICKEN SUPREME SS21 MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain							Does contain
SUNDAY HONEY ROAST GAMMON MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain							Does contain
SUNDAY ROAST TRIO SS21 MC	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain						Does contain	
MENU A PIGS IN BLANKETS AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain										Does contain	